Summer 2023 Group Leader Packet



since 2004

# MISSION

The Agape Service Project fosters service, community, and prayer as participants encounter Christ and uphold the dignity of our farmworker brothers and sisters.



# GOALS



- To serve the migrant community of Whatcom County by providing food, clothing, and community support with the ultimate goal of building personal relationships with those we serve
- To teach participants about Catholic social justice, especially in response to issues affecting the migrant community
- To inspire and encourage participants to continue answering the call to service throughout their lives
- To create a space where participants can grow in their faith and meet Jesus through prayer, people, and service
  - To do everything with agape love

#### archseattle.org/agape

Agape Service Project 710 9th Ave Seattle, WA 98104



@agape.service.project

Agape Service Project

Kelsey Harrington, Director

Welcome to Agape 2023! We are truly excited for you to be joining us in our mission: fostering service, community, and prayer as participants encounter Christ and uphold the dignity of our farmworker brothers and sisters. Our hope is that through service, participants will understand Christ's presence in every person they meet, and through this recognition, positively impact the migrant farmworker community.

We thank you for providing this opportunity for your youth. We know it takes a lot of effort and preparation to make sure the week runs smoothly. We are here to help make that possible.

In this packet you will find:

- Cover Agape Mission
- Pg. 3 Group Leader Check List
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- Pg. 6 Agape Expectations for the Week
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#### Also reference:

The other informational packets:

- Adult Chaperones Packet (to be passed out to your chaperones)
- Youth Packet (to be passed out to your youth participants)

The Online Tool Kit contains:

- PDFs of all the packets
- All required forms (for adults and youth)
- **Preparation Aids** (including materials for: promotion, formation, fundraising, development collection)

Tool Kit is found on Agape Registration Website:

https://archseattle.org/ministries/outreach-ministries/agape/registration/ (Short URL: archseattle.org/registration)

Excel Spreadsheet – emailed to all group leaders for youth & chaperone roster, small & car groups

We hope you find these resources helpful as you prepare for Agape. We are excited and blessed to be in the 20th year of serving and providing opportunities for youth to serve the migrant farmworker community of Whatcom County. We are here to make this the best experience possible. The program staff will be in contact throughout the months of preparation. If you have any comments, questions, concerns, or need assistance with anything please do not hesitate to contact us.

In Christ's Love, Kelsey Harrington Agape Service Project, Director <u>kelsey.harrington@seattlearch.org</u> | 425-941-2042

# **Group Leader Check List**

#### **Program Logistics**

- □ Group Reservation Fee of \$500 (paid via invoice through Archdiocese accounting)
- □ Due **March 1**: Finalized number of youth participants submitted via email to Kelsey Harrington Once your finalized group number is submitted, your parish or school will be invoiced for the total participant fee (\$400 per youth participant) through the Archdiocese accounting department. Please notify your bookkeeper to be aware of this fee.
- Due by **June 1**: Payment of \$400 per youth
- Due by June 1: Completed participant roster, small groups list, car groups list

Please complete the provided excel spreadsheet & email back to Kelsey Students will be in the <u>small groups</u> for the entire week for reflection, chores, and activities <u>Car groups</u> help expedite the loading process; additionally a few times during the week, we send different car groups to different locations depending on the size of the car group

#### **Required Paperwork**

All required paperwork can be found in the tool kit on the Registration Website: https://archseattle.org/ministries/outreach-ministries/agape/registration/

Please provide copies for Agape staff upon your arrival to Agape.

#### Adult Paperwork:

- □ Adult Release of Liability/Medical Release
- □ Code of Behavior and Norms for Adult Leaders
- □ Volunteer Driver Form

All adults must have a processed Archdiocesan Volunteer Background Check and be trained and up to date with Archdiocesan Safe Environment Program.

#### Youth Paperwork:

- Parent/Guardian Consent Form and Liability Waiver Includes Photograph and Video Consent
- □ Code of Behavior and Norms for Youth Participants

#### **Group Preparation & Formation**

This is a broad and generalized list of steps for preparing a group for Agape:

See <u>Agape Tool Kit on registration website</u> for promotional & formation resources, fundraising ideas, & donation collection promotion

- □ Recruit your group youth participants and adult leaders
- □ Logistical and formation preparation of youth participants and adult leaders Formation & intentional preparation is suggested; see Tool Kit for ideas
- □ Fundraise (if needed) for youth program fees

□ Collect donations (in-kind and/or monetary) for food bank from your parish, school and community

- □ Get your group prepared, ready, and excited to serve our family in Christ
- $\Box$  Pat yourself on the back for doing great work  $\odot$

# **Group Leader vs. Adult Chaperone Expectations**

All the adults play an important role during your group's Agape experience and we want your group to have the best experience possible! Please read thoroughly so you have a firm understanding of what is expected of you (the group leader) and the other adult chaperones.

### Program Expectations for <u>ALL</u> Adults:

- Adults will serve as a small group leader, help with behavior management, drive students throughout the week, and be a general role model of service and faith. Adults are encouraged to enter into this week of service as their own mission trip, we hope they gain as much as the youth.
  - See the *Agape Adult Leader Expectations* (pg. 5) for further explanation of the role of all adults.

### Group Leader Expectations (Youth Minister/Teacher/Lead Volunteer):

- **Required** to attend the <u>ENTIRE WEEK</u> of Agape. In some cases, one group leader prepares the group and a different group leader leads the week-of. A parish/school-designated group leader <u>must</u> attend the entire week.
- Serve as the main contact person for the Agape Staff (payment, paperwork, etc.)
  - Form the youth participants before attending Agape, including but not limited to:
    - Sharing the Agape mission & expectations, Catholic Social Teaching, prayer and reflection, team building, expectations for community living *(See the Tool Kit for resources)*
- o Form your adult chaperones/leaders before attending Agape. This includes, but is not limited to:
  - $\circ$   $\;$  Review the mission of the Agape Service Project  $\;$
  - $\circ$  Help them understand their role as an adult leader (see below and pg. 5)
  - o Teach them how to lead/facilitate a small group
  - Understand that during Agape we are trying to live in solidarity (ex: eating and living in community, week of simplicity, no side stops for treats or coffee, etc.)
  - $\circ$  Understand their role to help youth grow in their faith through serving Jesus Christ

### Adult Chaperone Expectations:

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- **ALL adult leaders are <u>asked</u> to be at Agape for the entire week.** (We realize this is not always possible, please speak with Kelsey Harrington to discuss your situation.)
- **There must be 2 adults for the first 8 youth, and 1 adult per 8 youth thereafter.** With groups of mixed gender, there must be both female and male adult leaders for the *entire* week.
- A minimum of 2 adults per gender is required for overnights (even if your numbers are below the 1 to 8 ratio) as per Archdiocesan Parish Youth Ministry Services Guidelines.
  - This could be fulfilled in partnership with the chaperones of your week's partner group(s).
- $\circ~$  Adult leaders must be 21 years or older.
- The Archdiocesan Volunteer Background Check must be filled out and have been processed and received by your parish/school PRIOR to your week. They must also have been trained within the Archdiocesan Safe Environment Program and be up to date with requirements.
- If driving, they must have an approved Archdiocese Driver Information form on file at their parish/school.

# **Overview & Expectations of Adults**

Adult leaders have an amazing opportunity to serve the youth while on the Agape Service Project. Your involvement, support, and positive leadership will set a good example and create a rewarding experience for the youth of your parish/school and those of the community we will be serving.

**Agape Staff Roles:** Agape has 6 full-time staff during the summer who work together to coordinate and plan the entire program. This includes: facilitating morning and evening sessions of prayer and reflection, leading community building exercises, cooking, general cleaning, and facilitating all service projects. They will keep you informed about the service projects, activities, and expectations through nightly Adult Gatherings. *Please note that the staff are not chaperones, drivers, or disciplinarians.* It is up to you to support the staff, enforce all rules, and make appropriate disciplinary actions if necessary.

### The adults serve many roles in addition to participating in the experience:

- **Driver:** Adult leaders are responsible for the transportation of all youth to and from Agape, as well as to and from service sites during the week. All drivers must be 21 years or older and have an approved Archdiocese of Seattle Driver Information form on file at their parish/school.
- **Chaperone:** You help to set the tone of the week by maintaining a positive attitude, affirming the youth, and maintaining clear expectations. *As an adult leader you will chaperone youth at all times and are responsible for the behavior management of all youth.*
- **Participant:** During the morning and evening sessions, you get to participate with the youth in the activities, prayer, and discussion as well as help facilitate small group discussions.
- **Small Group Leader:** Each parish/school will be divided into small groups, and you will be paired with one of these groups. As their small group leader, you will lead the small group conversations. You will also supervise the youth in their scheduled daily chores (but not do it for them). Daily chores include meal set up, meal clean up, bathrooms, straightening the common spaces, etc. These chores give the youth ownership of their service week and are a large part of the experience of living in community.
- **Role Model:** During service projects, you will monitor and guide the youth as they serve. It is important to be encouraging, keep them on task, and serve alongside them.

### A few things to note:

- Please read, sign and adhere to the Archdiocesan Code of Behavior for Adult Leaders.
- Each adult leader must be trained within the Archdiocesan Safe Environment Program before chaperoning. (Arranged through your parish/school). If already completed, it must be updated online as necessary.
- Fill out and have processed (by your parish/school) the *Archdiocesan Volunteer Background Check*.
- We ask that once you arrive at Agape to *not* make any special side stops to stores or cafes. During
  Agape we are trying to live in solidarity with our family in Christ, so we limit extra things that could
  distract us from the overall mission of service.

Most importantly, you get to help youth grow more in their Catholic faith through serving Christ in others. We thank you for your willingness to give of your time to serve the youth of your parish/school. Without your commitment and dedication, this week would not be possible. The youth are blessed to have supportive, encouraging, and faith-filled adults in their lives!

# Agape Expectations for the Week

These are some basic expectations that we ask everyone (Agape staff, youth, & adults) to follow and keep in mind during our week of service. We will have a great week if we all strive to apply these while we live in community and serve!

- **Be Respectful:** To everyone in your group, adult leaders, Agape staff, lodging staff & facility, the farmworker community, and everyone we encounter at service sites.
- Think About Others and Live in Community: We are working, living, and eating in community this week. Challenge yourself to think about the needs of others before yourself. Get to know new people! Clean up after yourself and help with chores. Respect the space and items of other group members. Honor the current COVID health protocol (if applicable).
- **Keep Quiet Hours Quiet:** Keep the noise level (outdoors and indoors) to a minimum during quiet hours (11pm-7am) respecting the neighbors of the lodging site and your peers in your group.
- **Be Mindful of the Dress Code:** Tank tops must be wider than two-fingers, shorts must be no shorter than your fingertips, no exposed midriffs, and no sagging pants.
- **Use the Buddy System:** When we are on service outings, you will need to stay in groups of three and have adult supervision.
- **Be Positive:** Strive to have a positive attitude towards all activities, reflections, and experiences.
- Serve and Have Fun!: Do everything with sacrificial God-like love (agape!).

### Please do not bring:

- Snacks—all food is shared and eaten as a community
- Cell phones or other devices for the youth during service projects and programming. Group leaders may determine their policy during evening free time – Agape encourages a disconnection from technology for the week to best engage and be present to those around you. We are trying to serve Christ in each other and our technology can often get in the way of that
- o Illegal drugs, alcohol, fireworks, or weapons of any kind

# **Overall Agape Information**

**Arrival Time:** Please have your group arrive ready to start **by 2:00pm on Sunday**. When you arrive, you will unpack your gear and donations. Dinner will be provided Sunday night.

**Packing:** Please pack lightly. Everyone will be living in community and sharing rooms.

**Clothing:** Be mindful in your attire. Tank tops must be wider than two-fingers, shorts must be no shorter than your fingertips, no exposed midriffs, and no saggy pants.

**Money:** One Agape shirt and all your meals and snacks are provided. There will be an opportunity for individuals to buy an Agape sweatshirt (\$30) or a different shirt (\$15), cash, check & card accepted. Other than that, there will not be any need for money during the week.

Drivers/Groups will be responsible for purchasing gas for their vehicles.

**Free time:** There are designated free time throughout the week. When there is free time, youth must remain with the group. Youth may **not** leave the facility to go beyond the campus premises unless they are in the company of a chaperone. We ask that you check in with the program staff before leaving to make sure there is time do so. Even on the premises, chaperones should be aware of the activities and location of all group members.

**Cell Phones:** No cell phones or other devices for the youth during service projects and programming. Group leaders may determine their policy during evening free time – Agape encourages a disconnection from technology for the week to best engage and be present to those around you.

**Chores:** Small groups will be assigned chores each day, ex: meal set up/clean up, straightening common spaces, bathrooms, etc. Each small group with their adult leader will be responsible for the various tasks. This is a large part of the experience of living in community, as well as serving those in your group.

**Food:** In keeping with the spirit of Agape, the meals and lodging are simple. This is to help us grow in solidarity and bring us closer to those we are serving.

- All meals and snacks are provided. The kitchen is not to be used by youth outside of mealtimes, unless there are special dietary reasons. Please do not bring any snacks.
- Please notify us of any special dietary needs on the participant list spreadsheet; some may require the participant with special dietary needs to supplement their daily meals with food from home.

**Lodging:** Groups will stay at Assumption Catholic School and Parish in Bellingham. Participants will stay in the school classrooms. Groups will sleep in separate rooms according to gender and will be sleeping on the floor. We anticipate being about to provide twin mattresses from CYO Camps for each sleeper – this will be determined closer to the summer & communicated to groups. If mattresses are not available, each participant will need to bring an air mattress/camping pad. Showers will take place on three days at a local locker room.

**Medications:** All medications, whether prescription or over the counter, will need to be bagged and labeled with the participant's name and instructions for dispensing. We suggest the Group Leader be given responsibility for holding and dispensing medication for the youth they are chaperoning. Ensure that the parents complete the medication portion of the Parent/Guardian Consent Form and Liability Waiver.

**Departure:** Plan to depart by 12pm on Thursday of your mission week, a large brunch will be served on Thursday, but not lunch.

# Sample Agape 2023 Schedule

\*This schedule is tentative and is subject to change\*

Sunday:	Wednesday:	
2:00 - Groups arrive, unpack & get settled	7:15 – Wake up & Breakfast	
2:30-4:00 – Program orientation, community	8:15 – Morning Prayer & Reflection	
building, intro session	8:30 – Pack & depart for food bank	
4:15 – Depart for farmworker housing site	9:15 – At Food Bank: overview of day & set up	
4:45-6:45 - BBQ dinner & activities at housing site	9:15-10:45 - Food Bank Set Up	
for farmworker families	10:45 - Food Bank Roles & Ready	
7:15 - Return, unpack	11:00 - Food Bank Opens	
7:30-8:30 - Opening prayer & reflection	Lunch shifts & snacks throughout food bank	
8:45-9:15 - Adult meeting	Rotate stations, jobs throughout food bank	
8:45 - Group free time	5:00 - Begin tidying & initial packing	
Monday:	6:00 - Food Bank Closes	
6:00 - Wake up & breakfast (solidarity morning)	7:00 – Dinner	
7:00 - Morning Prayer & Reflection	7:30-8:30 - Prayer & reflection with Eucharistic	
7:50 - Depart for farms	Adoration	
8:30-10:45 - Farm work	8:45-9:15 - Adult meeting	
11:15 – Return to Assumption & get shower stuff	8:45-9:45 – Showers and group free time	
11:30-12:15 - Showers		
12:30- 1:15 - Lunch	Thursday:	
1:15-3:15 – Break (nap, hang out, group time,	7:15 – Wake up, light snack, pack & deep clean	
chores)	9:00 - Mass	
3:30-5:00 – Solidarity dinner activity	9:45 - Celebration brunch	
5:30-7:00 – Enrichment activities at farmworker	10:30 - Advocacy Formation & Work	
housing	11:30 - Concluding session & sending forth	
7:30-8:30 - Prayer & reflection (including snack)	12:00 - Groups depart (lunch not included)	
8:45-9:15 - Adult meeting		
8:45 - Group free time		
Tuesday:		
7:15 – Wake up & Breakfast		
8:15 – Morning Prayer & Reflection		
8:30-12:00 – Food Bank Prep/Sorting		
12:30-1:30 – Lunch & Chores		
1:30-3:00 – Showers and Break (nap, hang out,		
group time)		
3:00 - Prep dinners & pack for farmworker housing		
4:00-8:00 - Food Distribution & Enrichment		
Activities; Invitation flyers for food bank		
Dinner eaten 'on road'		
8:00 - Groups back to Assumption		
8:30-9:00 - Short prayer & reflection		
9:15 Adult meeting & group free time (snack)		

\*The schedule is subject to change depending on needs of service projects, facilities, and activities. You will be given an updated schedule upon your arrival at Agape.\*

# Agape Food Bank - Donation List

To serve our clients best, we ask each group collect specific items. Our goal is to have enough to serve <u>350+</u> <u>families</u>. As a satellite food bank of Bellingham Food Bank, all the food for Agape Food Bank is already provided. Please <u>do not collect food</u> from your community, instead focus on the specific item or monetary donations.

Group	Specific Item to Collect	General Items to Collect
Week 1: June 25-29	Laundry Detergent, Dish Soap, Sponges - family size	Monetary Donations
Week 2: July 2-6	Clothing, Toys, Books	Monetary Donations
Week 3: July 9-13	Baby Supplies	Monetary Donations
Week 4: July 16-20	Clothing, Toys, Books	Monetary Donations
Week 5: July 23-28	Baby Supplies	Monetary Donations
Week 6: July 30-August 3	School Supplies/Backpacks	Monetary Donations
Week 7: August 6-10	School Supplies/Backpacks	Monetary Donations

**MONETARY DONATIONS:** Our food bank relies on donations, so any monetary donations are greatly appreciated. Money will be used to purchase items such as diapers, baby wipes, personal hygiene items, backpacks & school supplies – all to ensure that we have enough for each family that comes to our food bank.

#### CLOTHING, TOYS, BOOKS: Please ensure all is either new or gently used

- Clothes for men, women, children, and babies
  - There is a large need for <u>work gear</u>: long sleeved shirts, sweatshirts, long work pants, work hats (bucket hats especially that cover the neck)
  - o Additional everyday clothing is needed as well
- Toy suggestions: sports equipment, dolls, art supplies, cars, crayons, action figures, board games, stuffed animals, bubbles, play dough, blocks, Legos, nail polish, stickers, etc.
- Books: for all ages and reading levels
  - Spanish-English books are highly requested

*Please nothing violence related & ideally nothing requiring batteries or electricity Please no household items (furniture, sheets, blankets, etc.) we do not have room to store them* 

#### **BABY SUPPLIES:**

- Diapers: ONLY sizes 1, 3, 5 & Pull Up are needed
- Baby Wipes (packs of 100 wipes are ideal)
- Please note: formula, baby food, diapers sizes 2, 4, & 6 are <u>already provided</u> to our food bank so we <u>do not</u> <u>need them donated</u>

### SCHOOL SUPPLIES and BACKPACKS:

- If your group attends the 6<sup>th</sup> and 7<sup>th</sup> weeks of Agape, you will be asked to collect backpacks and school supplies
- Our goal is at least 350 backpacks with at least 350 of each type of school supply
- The Agape Director will be in contact and send you an updated list of school supplies

### AGAPE WISHLIST

In addition, we have made a list of items we need for the betterment of the program. If you or your group would like to donate a program need in addition to the donation list, we would be so grateful!

• Visit <u>https://tinyurl.com/WishListAgape</u> to see our wish list.

# **Agape Packing List**

### For Sleeping:

- We anticipate being about to provide twin mattresses from CYO Camps for each sleeper this will be determined closer to the summer & communicated to groups. If mattresses are not available, each participant will need to bring an air mattress/camping pad
- o Sleeping bag
- o Pillow
- Ear plugs for sleeping (suggested)

### **Personal Hygiene**

- Towel/washcloth
- Toiletries (soap, shampoo, brush, deodorant, toothbrush, toothpaste, etc.)
- Baby/Body wipes (if desired)
- o Sunscreen
- Small bag (like a drawstring backpack or reusable shopping bag, to carry shower gear)
- Shower sandals (if desired)
- Possibly: Face mask for the food bank (COVID information will be provided closer to the summer)

### Clothing

- Jeans or other pants (2-3 pairs) (make sure to include clothing you can work in on a farm)
- T-shirts (tank tops must be at least two-finger width wide)
- Shorts (must be at least fingertip length)
- Closed-Toed Shoes (for food bank, playing games at the camp, and being on your feet for extended periods)
- o Underwear and Socks
- Sweatshirt/Jacket check the weather for Lynden, WA (many of our activities are outside)
- o Pajamas
- o Hat or visor
- Swimsuit for showering (if desired)
  - Showers are in a high school locker room with individual curtained stalls
- Shoes for farm work (ex: tennis shoes or boots that are ok getting dirty)

### Other

- Water bottle (A MUST!)
- Work Gloves (optional)
- Backpack/drawstring bag to carry items to daily service outings (optional)
- Book, board/card games for down time, journal for additional reflection (an Agape journal will be provided)
- Cash, check, or card if interested in purchasing Agape swag (sweatshirt \$30, shirt \$15)
- o Any medications follow the distribution guidelines of the group leader
- o Good attitude and a servant's heart

Please follow group policy on packing electronic devices (cell phones, iPods, etc.). No weapons, fireworks, or illegal substances.

## PLEASE PACK LIGHTLY!

# Lodging

Groups will be staying at Assumption Catholic School & Parish in Bellingham. Please arrive and park in the interior lot within the campus.

### Assumption Catholic School & Parish

2116 Cornwall Ave, Bellingham, WA 98225



